



Traveler's Packing Check List



INSTRUCTIONS: You probably will not need everything on this list, but it's a good exercise to read through it and make note of those items you want to pack. You also may want to include other personal items that are not on this list. In any case, pack as lightly as you can! Some of these items are seasonal suggestions, so use your judgment accordingly.

TRAVEL GEAR

- (1) Check-in luggage bag
- (1) Carry-on bag
- (1) Personal item (can be purse)
- Luggage tags
- Neck wallet/money belt
- Inflatable travel pillow for neck support on plane

CLOTHING

- Undergarments
- Nightwear and soft slippers
- Slacks/Jeans
- Permanent press shirts/blouses
- Tee-shirts and tops
- Sweaters/sweatshirts/jackets
- Handkerchief/Athletic wear

PAPERWORK, DOCUMENTS & CARDS

- Passports
- Photocopy of passports
- Visa(s) (if required)
- Airline ticket
- Copies of medical prescriptions and generic names

TRAVELS AIDS & ACCESSORIES

- Plastic Ziploc bags (for shoes & wet clothes)
- Ear plugs/eye mask
- Towelettes/hand sanitizer
- Sunglasses
- Raincoat/umbrella/watch
- Gloves/scarf

MONEY

- Cash
- ATM card(s)
- Credit card(s)
- Phone calling card

FOOTWEAR

- Comfortable walking shoes
- Socks (several pair)
- Extra shoes
- Pantyhose/Nylons



This list should only be used as a guide. There is no guarantee that all the items you need are on this list.

TRAVEL "TECH" ITEMS

- Travel-size hair dryer/curling iron
- Mini-flashlight
- Cellphone, charger & batteries
- Camera, film, lenses & charger
- Laptop/Ipad & charger

TOILETRIES

- Toothbrush, toothpaste, dental floss
- Breath freshener, deodorant, eye drops
- Washcloth/towel
- Glasses (extra pair)
- Contact lenses (extra set)
contact case and solution
- Shampoo and conditioner
- Comb and brush
- Shaving lotion and razor
- Facial cleanser and lotion
- Body lotion and sun protection
- Tissues/cotton pads
- Cosmetics/compact mirror
- Vitamins, Band-aids, first aid items

MISCELLANEOUS

- Bible (optional)
- Reading material
- Guide books and maps
- Writing journal and pen
- Business or calling cards

HOME CHECK LIST

- House key (bring one and leave one with
relative or neighbor)
- Leave itinerary and important information with
relative or friend)
- Arrange care of pets

- Empty refrigerator
- Arrange care of lawn, plants
- Have post office hold mail
- Stop newspaper deliveries

- Notify alarm company
- Set timed lighting system
- Eliminate possible fire hazards
- Reconfirm airline departure time
- Adjust thermostat
- Turn off water and water heater
- Store valuables in safe place
- Lock all doors and windows

